# ABC WAGING WAGING

SEPTEMBER 2017

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Pictured left to right: John Gagliardi, Brian Hamilton, Alex Piqueira



#### FEATURED TEAM

## INTERACTIVE EXPERIENCE AND FABRICATION TEAM

Have you ever gone to a conference or event and seen amazing displays that really catch your attention? Our newest team members have been the creative force behind some incredible experiential display designs we can now offer to our entire client base. The interactive and fabrication team specializes in creating immersive marketing experiences, helping organizations, institutions, and brands

visually tell their stories. Their services are tailored to the unique needs of clients offering a new way to communicate with their target audience through custom builds and emerging technology trends.

With a shortage of available immersive content companies in the marketplace, and the lack

of internal technical knowledge within some brands and agencies, our interactive team positions themselves alongside ABC's clients and become a trusted extension of their teams. The interactive team provides our clients with a full range of services from concept design through development and fabrication. The team's innovative solutions allow ABC Imaging's clients to differentiate themselves from the white-noise of their competition and create a powerful connection between the customer and the brand or product. Look for big things to come from this team as they continue to impress every client, every time!



One of the team's dynamic changing installations



Clinique's "Stars of New York" 3D display

## HIGHLIGHTS

Have any suggestions or people you'd like to see in the newsletter? Send your recommendations to hr@abcimaging.com!



### **NEW E-COMMERCE SITE LAUNCHING SOON!**

An e-commerce enterprise has been a dream of leadership for years. Now, after months of hard work throughout the ABC Imaging organization, this vision will become a reality! ABC PrintRoom, managed under the direction of new team member JoAnn Lyons (who brings years of print experience to this venture) will be launched for public use in just a few weeks! This platform will serve as a bridge between the consumer and B2B markets. ABC PrintRoom merges the needs of the small business with the needs of the individual through customizable greetings cards, posters, banners, and much more! We hope you enjoy ABC Imaging's newest venture. Check it out at www.abcprintroom.com!





## MANAGED PRINT SERVICES (MPS) PARTNERSHIP EXPANSIONS

ABC Imaging is pleased to announce several exciting developments in our Client Relations/MPS partnerships. Recently ABC Imaging has renewed partnerships with **HNTB**, **Michael Baker**, and expanded our relationship with **CallisonRTKL** to provide support to their largest office in Seattle. A HUGE thank you to all ABC client relations division team members for your hard work and dedication to impressing every one of your clients each and every day!



#### SEPTEMBER TICKETS AT WORK DISCOUNTS



September's **Tickets at Work** are here! Log onto **www.ticketsatwork.com** to receive your FREE discounts on movie tickets, shows, and events in your area!

Not registered? Click the "Become a Member" button and use the company code "ABCImaging" to sign up.

## FACES OF ABC







#### NICOLE KIM, Accounts Payable Specialist - Headquarters, VA

Joining ABC Imaging in March of 2017 after spending time in the contracting business, Nicole has quickly made an impact and become an integral part of the Accounts Payable team. Nicole's favorite part of her job is working with her team and applying the knowledge she gained through her degree at the University of Mary Washington. During her spare time Nicole enjoys finding new music to add to her library and she has a playlist for every mood. One little known fact about Nicole: when she was a kid she grew up in New Zealand!

TIM TURBEVILLE, Digital Graphics Specialist – Alexandria, VA One of our most experienced graphics specialists, Timothy has worked at ABC Imaging for 12 years and recently moved from San Diego, CA to Charleston, SC. Prior to starting with ABC Imaging, Timothy worked for a reprographics firm in Southeastern Virginia where he learned the basics of the printing industry. When Timothy is not working, he enjoys spending time with his wife and their two year old son Oliver. Together they love to go to the beach, explore new cities, and spend time with extended family. Tim also enjoys movies/film, and cooking. Timothy's favorite part of his job is his contribution to the development of Dryink.com and providing client support for the Offset Department. Tim's involvement in Dryink.com has taught him the fundamentals of programming and the continuous software improvement process. He has visited 30 of the 50 states in the United States, and has lived on both coasts. Timothy has a strong appreciation for architecture, and his favorite architects are Frank Lloyd Wright and Frank Gehry.

## **NADIR JUSUFBEGOVIC,** Director of Enterprise Client Services - Headquarters, VA

Prior to joining the ABC Imaging team in 2001, Nadir worked at an IT start up with professors from the University of Maryland where he worked on designing the first 100% optical switch. Nadir's favorite part of his job is improving internal processes and ensuring that any and all customer issues are promptly resolved. Away from work Nadir enjoys spending time with family, traveling, playing guitar, enjoying the outdoors, and improvising with Creole and Cajun type dishes.

#### FEATURED JOB OPENINGS AT ABC IMAGING!

Refer a friend and put some cash in your pocket! When your referral reaches 6 months tenure at ABC Imaging you can receive up to \$200!

We are currently looking for highly skilled employees in the following fields:

- Billing Manager Alexandria, VA
- Construction Superintendent (Residential) Alexandria, VA
- 3D Specialist Washington, DC
- Project Engineer Gaithersburg, MD

Check out the full listing at: <a href="https://hrportal.abcimaging.com">hrportal.abcimaging.com</a>. When referring a candidate, please be sure they put your name on their application. Send a note to <a href="mailto:careers@abcimaging.com">careers@abcimaging.com</a> to let our recruiting team know to look for your referral.

## ANNIVERSARIES / BIRTHDAYS



### Anniversaries

Dennis Crowley	31	Samad Zulfigar	3
Alberto Fonseca Izaguirre	28	Daniel Campbell	2
Hermilinia Pineda	25	Lyndonna Munro	2 2 2
Abdelmalek Aboulhouda	17	Michael Puskar	2
Denis O'Leary	15	Mohammad Hassan	2
Armando Arias	14	Muhammadu Imran	
Maria Hazel Ardanas	12	Muhammadu Sameer	2
Ernest Johnson	10	Quan Nguyen	2
Jean Atse	10	Rameez Raza	2
John Stricker	10	Adaimy Pino	1
Ronnie Levi	10	Ahmad Atayee	1
Manuel Sanchez	10	Alejandro Delgado	1
Glenn Cachianes	9	David Rhee	1
John Lee	9	Edwin Rabajante	1
Mohammad Moussavi	9	Erin Ryan	1
Shamzad Baksh	8	Fofe Rehbein	1
Geovanni Herrera	7	Jorge Hernandez	1
Qasam Loudin	7	Larry Ortiz	1
Victor Zabala	7	Laura Martin	1
Daniel Iyassu	6	Melanie Harvey	1
Devin Taylor	6	Olivia Branch	1
Craig Larpenter	6	Roberto Cabrera	1
Louise Davie	5	Santiago Lee Canals	1
Pasquale Defalco	5	Sarfaraj Navaj	1
Seth Jackson	4	Terrence Allison	1
Stephen Miller	4	Yashira Cividanes	1
Naomi Suh	3		



## Birthdays

otephen Holton	9/1	Ryan Goetz	9/10	Craig Larpenter	9/19
Ksenafont Kraskouski	9/2	Alan Fong	9/11	Ramon Trevino	9/20
Ralph Arroyo Acevedo	9/2	Eshraga Āhmed	9/11	Jeffrey Gering	9/20
Robyn Corbett	9/4	Rafaela Arroyo	9/11	Brad Redmin	9/20
Adriana Barrios	9/4	Bryan Rountree	9/11	Katie Brinkmann	9/20
Jared Rentz	9/4	Henry Cherner	9/12	Barry Brown	9/21
Stephen Mizrahi	9/4	Rose-Ann Vidal	9/12	Homira Falsafi	9/21
Ariyam Kuflu	9/4	Desmond Brown	9/12	Faustino Pool	9/23
David Schroeder	9/5	Michael Colecchia	9/13	Joel Atiencia	9/23
Victoria Garcia	9/5	Yemane Mekonnen	9/13	Lisa Maher	9/25
Damian Owen	9/5	Ronnie Levi	9/14	Yang-Joong Kim	9/26
Keith Dalton	9/6	Charles Volkman	9/14	Shea Julian	9/26
Donald Cody	9/7	Thwill Dann	9/14	Erin Calkins	9/26
Kenneth Favorite	9/7	Lydia Gu	9/15	Dario Gutierrez	9/26
Carlos Henriquez	9/7	Shawn Sullivan	9/16	Michael LaRaia	9/27
Shawn Blankenship	9/7	Marco Juarez	9/17	Cesar Perez	9/27
Paul Speary	9/7	Mohammed Arvin	9/17	Mercedes Lopez Llanes	9/28
Adil Arib	9/8	Martha Canizalez Pernia	9/17	Anton Mikhaylov	9/28
Gregory Ventura	9/9	Elizabeth Cockerham	9/18	Juan Garzon	9/29
Miriam Melendez	9/9	Charles Samples	9/19	Andrew Jones	9/29
Bret Foster	9/10	Anthony Pistorio	9/19	Jonathan Sepulveda	9/30
Pagar Gaarga	0/10	Rotry Woldakidan	0/10		

#### WHAT'S KEEPING YOU FROM EXERCISING?

Most of us know that we should be getting more exercise. But, busy schedules and other roadblocks can come between us and our dreams of getting - and staying - fit. If you'd like to be more active, start by talking with your doctor to find out how much and what types of activity are right for you. Then, check out these common exercise barriers and some solutions that can help you get started and keep going.

#### **Too risky**

Exercise is safe for most - including older adults and many people with chronic conditions - with the right precautions. If you're concerned about your health, talk with your doctor first. Often, the key is to start slowly and gradually. For instance, try 10-minute intervals when you get started. Then, increase intensity. At first, choose moderate-intensity activities such as walking, water aerobics or biking at an easy speed. Consider exercising with a friend or family member for safety and companionship.

#### **Health condition**

If you have a chronic disease such as heart failure, diabetes, or arthritis, you can often still be active. In fact, with your doctor's permission, exercise may help improve your condition. Exercise can help you gain strength and endurance, plus improve your mood and quality of life. Check with your doctor first, to learn what signs and symptoms to watch for that may mean your condition is getting worse. And find out what to do if you have any of these while you are exercising. Also, ask your doctor how active you should be and if there are any specific activities you should avoid.

#### No time

It's a busy world. But, don't let that stop you from squeezing in some exercise. Consider these tips to create more time for physical activity:

- **Get up a half hour earlier.** Think of it as only 30 short minutes that can make a big difference.
- Use part of your lunch break to take a brisk walk.
- Trade out some tube time in the evening for exercise. When you watch TV, try some stretches or sit-ups during the commercials.

#### **Too tired**

After a long day, exercise may be the last thing on your mind. However, it may be just what you need to boost your energy level and improve your mood. You might try taking the dog for a run, or renting an exercise video. Need a little extra motivation? Consider training for a charity event. Think of it as giving back to others while doing something great for yourself. But, no matter how you exercise, try not to do it too close to your bedtime – it may disrupt your sleep.

#### **Too boring**

Even your favorite activities can become tedious after a while. Tired of your exercise playlist? Spice up your workout with some new music, or try listening to an audiobook for a change of pace. Consider going to the gym with a friend and using your treadmill time to chat it up.

#### **Too expensive**

Home exercise gear or a gym membership can be expensive. But, fitness is affordable. For instance, you might try putting on a pair of sturdy sneakers and walking around the park or through the mall. For safety's sake, be aware

of your surroundings and wear bright or reflective clothing when out at night.

Other options may be available at a local recreation or community center. Or, visit the public library and check out new fitness videos each week.

A big congratulations to members of our Denver team for climbing to the summit of Mt. Bierstadt! The team was all smiles as they ascended the 14,000 ft. mountain. That's almost half as tall as Mt. Everest!



Pictured left to right: Danielle Loofbourrow, Josh Loofbourrow, Caleb Mayo, Ian Devine (Top)

A breathtaking view along the trail (Right)

